



# TRANCE DANCE Ritual with Shola

Thursday, March 23 ~ 2017 ~ 7 to 9:30 pm

Hwy 130, Mile Marker 12, Pahoia HI 96778

Please arrive on time. Latecomers cannot be admitted.

Bring your favorite bandana

Admission \$ 15

**Trance Dance** is a unique blend of body movement, healing sounds, dynamic percussive rhythms, transformational breathing techniques and the use of a blindfold or bandana, together stimulating a "Trance" state that promotes spiritual awakenings, mental clarity, physical stamina and emotional wellbeing.

For more information visit [www.alohashola.com](http://www.alohashola.com)  
[www.trancedance.com](http://www.trancedance.com)

For more information  
about the Ritual call  
808.9658603 or email  
[shola59@yahoo.com](mailto:shola59@yahoo.com)

